



## Track Succeeds at Last Regular Season Meet

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The BYU women's track team ended the regular season well and will look to defend their MWC Title next week. BYU Photo/Mark Philbrick

Salt Lake City (May 5, 2009) – The final meet before the Mountain West Conference Championships proved to be a success for the BYU women's track team at the Utah Twilight meet on Tuesday.

The No. 12 nationally ranked Cougars added another regional qualifying mark and several personal bests in Salt Lake City.

"Our athletes competed well today," said BYU women's track and field head coach Craig Poole. "We had a couple impressive performances and earned another regional qualifying mark."

Diane Stewart, a sophomore from Spanish Fork, Utah, earned an NCAA regional qualifying mark in the 400-meter hurdle event with a time of 1:00.22. Stewart also had an impressive third-place finish in the 100-meter hurdle event (14.33).

The success continued with Samantha Thayne who took second in the 400-meter dash with a personal best time of 56.56.

The throwing squad also had solid results. Rebecca Lee-Gorden earned first in the javelin throw (133-

01.71), while Tiana Ili took first among collegiate participants in the shot put (45-05.25).

Similar results came in the triple jump where Kelly Markroft took first with a personal best jump of 37-06.75. Ada Robinson added another personal best to the Cougars success with a second-place finish in the triple jump (36-10.25).

Also taking second was Emily Dunn who finished the 800-meter event in a time of 2:13.00. Following close behind in the same event was Ashlee Thomas who took third with a time of 2:13.22.

The Cougars now return home to prepare for the MWC Championships beginning next week. The team will travel to Laramie, Wyo. in hopes of defending its league title.